

Therapy Outcome Measure: 2025 Updates

Last updated: January 2026

The Therapy Outcome Measure (TOM) includes a number of 'adapted' scales, which are based on the 'core' TOM but have been developed for specific client groups. These contain descriptors that have been developed by experts working in those areas, and aim to improve inter-rater reliability. The table below sets out the TOM scales that have been developed to date and changes for the 2025 Therapy Outcome Measure Handbook.

Most of the new and updated scales are also now available on the RCSLT Online Outcome Tool (ROOT). However, where scales have a 'non-standard' structure (i.e. extra domains) there are some functions that are still in development and these are also indicated below.

If you are using any of the 'non-standard' scales or have any other questions, please get in touch with us at root@rcslt.org to help us prioritise this work and test functionality.

The Therapy Outcome Measures Handbook also includes 'accompanying scales' that have been developed by practitioners to be used alongside the TOM scales, to provide additional information. These are not currently available on ROOT, because they have not been through the same reliability checks as TOM adapted scales.

For more information about scales in development or if you are working on developing/adapting a TOM scale for a particular client group or service, please contact Professor Enderby [directly: p.m.enderby@sheffield.ac.uk](mailto:p.m.enderby@sheffield.ac.uk)

NB: If you would like to reproduce the text of an adapted scale in any way, including embedding descriptors in your electronic patient record system, a licence is required from [J&R Press](#).

If your local system uses SNOMED CT codes, these have been requested for the new scales. Some are already available but please be aware that some codes may still use the previous titles or domain names. For support, please get in touch professional_development@rcslt.org

Reference: Enderby P, John A. (2025) *Therapy Outcome Measure Handbook: Theory, User Guide and Scales*
Guildford: J&R Press Ltd.

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
0. Core scale	-	Yes	Yes	Yes
1. Anorexia Nervosa and Bulimia	-	Yes	Yes	Yes
2. Augmentative and Alternative Communication (AAC)	Amended	Yes	Yes, choose AAC	Custom reports
3. Autistic Spectrum Disorder	Significant update	Yes	Not yet able to include 'reasonable adjustments' domain	'Reasonable adjustments' domain will not yet show in reports
4. Cardiac Rehabilitation	-	Yes	Yes	Yes
5. Cerebral Palsy	-	Yes	Yes	Yes
6. Developmental Language Disorder (formerly Child Language Impairment)	Amended	Yes	Yes	Yes
7. Challenging Behaviour and Forensic Mental Health	-	Yes	Yes	Yes
8. Chronic Pain	-	Yes	Yes	Yes
9. Cleft Lip and Palate	-	Yes	Yes	Yes
10. Cognition	-	Yes	Yes	Yes
11. Complex and Multiple Difficulty	-	Yes	Yes	Yes
12. Dementia	-	Yes	Yes	Yes
13. Diabetes	-	Yes	Yes	Yes
14. Dietetic Intervention for the Prevention of Cardiovascular Disease	-	Yes	Yes	Yes
15. Dietetic Intervention for Enteral Feeding: Paediatrics	-	Yes	Yes	Yes
16. Dietetic Intervention for Home Enteral Feeding: Adult	-	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
17. Dietetic Intervention for Irritable Bowel Syndrome	-	Yes	Yes	Yes
18. Dietetic Intervention for Obesity: Paediatric	-	Yes	Yes	Yes
19. Dietetic Intervention for Obesity: Adult	-	Yes	Yes	Yes
20. Dietetic Intervention for Undernutrition: Paediatrics	-	Yes	Yes	Yes
21. Dietetic Intervention for Undernutrition: Adults	-	Yes	Yes	Yes
22. Dysarthria	-	Yes	Yes	Yes
23. Dysfluency	-	Yes	Yes	Yes
24. Dysphagia	-	Yes	Yes	Yes
25. Dysphasia/Aphasia	-	Yes	Yes	Yes
26. Dysphonia	-	Yes	Yes	Yes
27. Dyspraxia: Developmental Coordination Difficulties	-	Yes	Yes	Yes
28. Equipment services	Amended	Yes but 2019 version	No immediate plan to add the 2025 version. If you are a service wanting to use this, please get in touch.	
29. Head injury	-	Yes	Yes	Yes
30. Deaf or Hard of Hearing	Amended	Yes	Not yet able to import 'independence with amplification' domain	'Independence with amplification' domain will not yet show in reports
31. Incontinence	-	Yes	Yes	Yes
32. Laryngectomy/ surgical voice restoration*	Significant update	Yes	2025 version not yet available	2025 version not yet available
33. Learning Disability: Communication	-	Yes	Yes	Yes
34. Mental health	-	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
35. Mental Health: Anxiety Disorders	-	Yes	Yes	Yes
36. Multifactorial Conditions	-	Yes	Yes	Yes
37. Musculoskeletal	-	Yes	Yes	Yes
38. Neurological Disorders (including Progressive Neurological Disorders)	-	Yes	Yes	Yes
39. Palliative Care	-	Yes	Yes	Yes
40. Phonological Disorder	None but undergoing review	Yes	Yes	Yes
41. Podiatric Conditions	-	Yes	Yes	Yes
42. Postnatal Depression	-	Yes	Yes	Yes
43. Respiratory Care: Chronic Obstructive Pulmonary Disease (COPD)	-	Yes	Yes	Yes
44. Schizophrenia	-	Yes	Yes	Yes
45. Stroke	-	Yes	Yes	Yes
46. Tracheostomy	-	Yes	Yes	Yes
47. Wound Care	-	Yes	Yes	Yes
48. Sensory Processing Difficulties	-	Yes	Yes	Yes
49. Chronic Fatigue Syndrome/ME	-	Yes	Yes	Yes
50. Paediatric Dysphagia	Amended	Yes	Not yet able to import new 'risk' domain	'Risk' domain will not yet show in reports
51. Selective Mutism	Amended	Yes	Yes	Yes
52. Acquired Dyspraxia of Speech*	-	Yes	Yes	Yes
53. Parent/Carer-Infant Responsiveness	Amended	Yes	Yes	Yes
54. Oral Hygiene	-	Yes	Yes	Yes
55. Oral Aversion	-	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
56. Orthopaedic: Hip and Knee Surgery*	Updated	Yes	Yes	Yes
57. Acquired Motor Dyspraxia*	-	Yes	Yes	Yes
58. Trans, non-binary, and gender diverse services	Significant update	Yes	Yes	Yes
59. Trismus*	-	Yes	Yes	Yes
60. Cognitive Communication Disorder*	-	Yes	Yes	Yes
61. Velopharyngeal Dysfunction	-	Yes	Not yet available	Custom reports
62. Vocal Tract Discomfort*	-	Yes	Yes	Yes
63. Attention Deficit Hyperactivity Disorder*	-	Yes	Yes	Yes
64. Auditory Impairment/Deafness/ Partially Hearing	Withdrawn - use scale 30	Not for new episodes of care	No	Yes (previously added data)
65. Infant Pre-feeding Skills*	-	Yes	Yes	Yes
66. Social Communication Difficulty*	-	Yes	Yes	Yes
67. Pragmatic Communication Disorder*	-	Yes	Yes	Yes
68. Articulation Disorder*	-	Yes	Yes	Yes
69. Chronic Cough	New	Yes	Yes	Yes
70. Inducible Laryngeal Obstruction (ILO)	New	Yes	Yes	Yes
71. Orthotic Scale*	New	No	No	NA
72. Prosthetic Scale*	New	No	No	NA
73. Multidisciplinary Team (MDT) Stroke Rehabilitation	New	Yes	Yes	Yes
74. Multidisciplinary Team (MDT) Adult Learning Disability Community*	New	Yes	Not yet available	Not yet available

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
75. Multidisciplinary Team (MDT) Paediatric Learning Disability & Complex Needs*	New	Yes	Yes	Yes
76. Adult Learning Difficulties Dysphagia*	New	Yes	Not yet able to import 'risk' domain	'Risk' domain will not yet show in reports
77. Multidisciplinary Team (MDT): Challenging Behaviour and Regulation*	New	Yes	Yes	Yes
78. Long Covid Rehabilitation	New	Not available as a separate scale, however ROOT users can use the relevant specific primary and secondary scales for the patient's symptoms.		
78a. Long Covid Nutritional Disorder*	New	No	No	NA
79. Case management/personal injury rehabilitation*	New	Yes	Not yet available	Not yet available
80. Falls*	New	No	No	NA
81. Avoidant Restrictive Food Intake Disorder	New	Yes	Yes	Yes
82. Children and Young People (CYP) Respiratory Physiotherapy*	New	No	No	NA
83. Mental Health Communication*	New	Yes	Not yet able to import 'communicative environment' domain	'Communicative environment' domain will not yet show in reports
84. Mouth Care	New	Yes	Yes	Yes
85. Uninhibited Primitive Reflexes*	New	No	No	NA

* Indicates scales that are still 'in development' i.e. undergoing inter-rater reliability testing

Accompanying scales (additional to TOMs)	Changes for 2025 Handbook	Available on the ROOT?
Practitioner confidence questionnaire	-	No
Feeding/mealtime enjoyment for babies	-	No
Carer confidence scale	-	No
Participation in learning	-	No
TOM PROM	New	No
Patient Reported Experience Measure (PREM)	New	No

NB: The accompanying scales that covered 'support' for AAC and equipment services have now been integrated into scales 2 and 28 as additional domains.