Therapy Outcome Measure: 2025 Updates

Last updated: 3 November 2026

The Therapy Outcome Measure (TOM) includes a number of 'adapted' scales, which are based on the 'core' TOM but have been developed for specific client groups. These contain descriptors that have been developed by experts working in those areas, and aim to improve inter-rater reliability.

A new Therapy Outcome Measure Handbook was published in 2025 which contains 18 new scales and 7 updated scales, as well as FAQs, case studies and details of the research underpinning the development of the TOM. Also available are 6 specialist books which contain the scales most used in that specialty plus basics on implementation and reliability. For more details see the J&R Press website.

Amendments have been implemented on ROOT, to bring it into line with the new handbook, but where scales have a 'non-standard' format (e.g. extra domains) this may have implications for ROOT functionality. The table below sets out the TOM scales that have been published, changes for the 2025 Therapy Outcome Measure Handbook and availability of these scales on ROOT.

** Indicates scales that are still 'in development' i.e. undergoing inter-rater reliability testing*

Reference: Enderby P, John A. (2025) Therapy Outcome Measure Handbook: Theory, User Guide and Scales Guildford: J&R Press Ltd.

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
0. Core scale	-	Yes	Yes	Yes
1. Anorexia Nervosa and Bulimia	-	Yes	Yes	Yes
2. Augmentative and Alternative Communication (AAC)	Amended	Yes (not in conjunction with another scale)	Yes, choose AAC	Yes, see reports for split domains
3. Autistic Spectrum Disorder	Significant update (2019 version available on ROOT for historic data only)	Yes	Not able to include 'reasonable adjustments' domain	Yes but 'reasonable adjustments' domain won't show in all reports
4. Cardiac Rehabilitation	-	Yes	Yes	Yes
5. Cerebral Palsy	-	Yes	Yes	Yes
6. Developmental Language Disorder (formerly Child Language Impairment)	Amended	Yes	Yes	Yes
7. Challenging Behaviour and Forensic Mental Health	-	Yes	Yes	Yes
8. Chronic Pain	-	Yes	Yes	Yes
9. Cleft Lip and Palate	-	Yes	Yes	Yes
10. Cognition	-	Yes	Yes	Yes
11. Complex and Multiple Difficulty	-	Yes	Yes	Yes
12. Dementia	-	Yes	Yes	Yes
13. Diabetes	-	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
14. Dietetic Intervention for the Prevention of Cardiovascular Disease	-	Yes	Yes	Yes
15. Dietetic Intervention for Enteral Feeding: Paediatrics	-	Yes	Yes	Yes
16. Dietetic Intervention for Home Enteral Feeding: Adult	-	Yes	Yes	Yes
17. Dietetic Intervention for Irritable Bowel Syndrome	-	Yes	Yes	Yes
18. Dietetic Intervention for Obesity: Paediatric	-	Yes	Yes	Yes
19. Dietetic Intervention for Obesity: Adult	-	Yes	Yes	Yes
20. Dietetic Intervention for Undernutrition: Paediatrics	-	Yes	Yes	Yes
21. Dietetic Intervention for Undernutrition: Adults	-	Yes	Yes	Yes
22. Dysarthria	-	Yes	Yes	Yes
23. Dysfluency	-	Yes	Yes	Yes
24. Dysphagia	-	Yes	Yes	Yes
25. Dysphasia/Aphasia	-	Yes	Yes	Yes
26. Dysphonia	-	Yes	Yes	Yes
27. Dyspraxia: Developmental Coordination Difficulties	-	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
28. Equipment services	Amended, but no immediate plan to update on ROOT	Yes but 2019 version (not in conjunction with another scale)	Not yet available	Yes, see reports for split domains (2019 version)
29. Head injury	-	Yes	Yes	Yes
30. **Deaf or Hard of Hearing**	Amended (2019 version available on ROOT for historic data only)	Yes	Not able to import 'independence with amplification' domain	Yes, but 'Independence with amplification' domain won't show in all reports
31. Incontinence	-	Yes	Yes	Yes
32. **Laryngectomy/ surgical voice restoration***	Significant update (2019 version available on ROOT for historic data only)	Yes (not in conjunction with another scale)	2025 version not yet available	Yes, see reports for split domains
33. Learning Disability: Communication	-	Yes	Yes	Yes
34. Mental health	-	Yes	Yes	Yes
35. Mental Health: Anxiety Disorders	-	Yes	Yes	Yes
36. Multifactorial Conditions	-	Yes	Yes	Yes
37. Musculoskeletal	-	Yes	Yes	Yes
38. Neurological Disorders (including Progressive Neurological Disorders)	-	Yes	Yes	Yes
39. Palliative Care	-	Yes	Yes	Yes
40. Phonological Disorder	None but undergoing review	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
41. Podiatric Conditions	-	Yes	Yes	Yes
42. Postnatal Depression	-	Yes	Yes	Yes
43. Respiratory Care: Chronic Obstructive Pulmonary Disease (COPD)	-	Yes	Yes	Yes
44. Schizophrenia	-	Yes	Yes	Yes
45. Stroke	-	Yes	Yes	Yes
46. Tracheostomy	-	Yes	Yes	Yes
47. Wound Care	-	Yes	Yes	Yes
48. Sensory Processing Difficulties	-	Yes	Yes	Yes
49. Chronic Fatigue Syndrome/ME	-	Yes	Yes	Yes
50. Paediatric Dysphagia	Amended	Yes	Not able to import 'risk' domain	Yes but 'Risk' domain won't show in all reports
51. Selective Mutism	Amended	Yes	Yes	Yes
52. Acquired Dyspraxia of Speech*	-	Yes	Yes	Yes
53. **Parent/Carer-Infant Responsiveness**	Amended	Yes	Yes	Yes
54. Oral Hygiene	-	Yes	Yes	Yes
55. Oral Aversion	-	Yes	Yes	Yes
56. Orthopaedic: Hip and Knee Surgery*	Updated	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
57. Acquired Motor Dyspraxia*	-	Yes	Yes	Yes
58. **Trans, non-binary, and gender diverse services**	Significant update (2019 version available on ROOT for historic data only)	Yes	Yes	Yes
59. Trismus*	-	Yes	Yes	Yes
60. Cognitive Communication Disorder*	-	Yes	Yes	Yes
61. Velopharyngeal Dysfunction	-	Yes (not in conjunction with another scale)	Not yet available	Yes, see reports for split domains
62. Vocal Tract Discomfort*	-	Yes	Yes	Yes
63. Attention Deficit Hyperactivity Disorder*	-	Yes	Yes	Yes
64. Auditory Impairment/Deafness/ Partially Hearing	Withdrawn - use scale 30 (2019 version available on ROOT for historic data only)	Not for new episodes of care	No	Yes (previously added data)
65. Infant Pre-feeding Skills*	-	Yes	Yes	Yes
66. Social Communication Difficulty*	-	Yes	Yes	Yes
67. Pragmatic Communication Disorder*	-	Yes	Yes	Yes
68. Articulation Disorder*	-	Yes	Yes	Yes
69. Chronic Cough	New	Yes	Yes	Yes

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
70. Inducible Laryngeal Obstruction (ILO)	New	Yes	Yes	Yes
71. Orthotic Scale*	New	No	No	NA
72. Prosthetic Scale*	New	No	No	NA
73. Multidisciplinary Team (MDT) Stroke Rehabilitation	New	Yes (not in conjunction with another scale)	Yes	Yes
74. Multidisciplinary Team (MDT) Adult Learning Disability Community*	New	Yes	Not yet available	Yes, see reports for split domains
75. Multidisciplinary Team (MDT) Paediatric Learning Disability & Complex Needs*	New	Yes	Yes	Yes
76. Adult Learning Difficulties Dysphagia*	New	Yes	Not able to import 'Risk' domain	Yes but 'Risk' domain won't show in all reports
77. Multidisciplinary Team (MDT): Challenging Behaviour and Regulation*	New	Yes	Yes	Yes
78. Long Covid Rehabilitation	New	Not available as a separate scale, however ROOT users are advised to use the relevant specific primary and secondary scales for the patient's symptoms, along with ICD-10 code (U09.9) Post COVID-19 condition.		
78a. Long Covid Nutritional Disorder*	New	No	No	NA
79. Case management/personal injury rehabilitation*	New	Yes (not in conjunction with another scale)	Not yet available	Yes, see reports for split domains
80. Falls*	New	No	No	NA

TOM scale (amended titles in bold)	Changes for 2025 Handbook	Available for direct entry on ROOT	Available in ROOT 'importer'	ROOT reports
81. Avoidant Restrictive Food Intake Disorder	New	Yes	Yes	Yes
82. Children and Young People (CYP) Respiratory Physiotherapy*	New	No	No	NA
83. Mental Health Communication*	New	Yes	Not able to import 'communicative environment' domain	Yes but 'Communicative environment' won't show in all reports
84. Mouth Care	New	Yes	Yes	Yes
85. Uninhibited Primitive Reflexes*	New	No	No	NA

Accompanying scales (additional to TOMs)	Changes for 2025 Handbook	Available on the ROOT?
Practitioner confidence questionnaire	-	No
Feeding/mealtime enjoyment for babies	-	No
Carer confidence scale	-	No
Participation in learning	-	No
TOM PROM	New	No
Patient Reported Experience Measure (PREM)	New	No

NB: The accompanying scales that covered 'support' for AAC and equipment services have now been integrated into scales 2 and 28 as additional domains.